

# F FOCUSED

## About Journaling with Focused Ink

Journaling with Focused Ink is a program offered by Focused Ink Group LLC and a perfect program for your next group event with the intent to motivate, encourage and uplift . To Journal with Focused Ink is to walk through and talk through the 16 life lessons of the book 'To Raya with Love' written by Windi Floyd Reynolds during face to face sessions with the author. More details on the program can be found on the website [www.focusedink.com](http://www.focusedink.com).

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